

# Interview Questions

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## *Dreamed Up Reality*

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- j Today's science appears to be able to explain everything in nature, leaving little or no room for spirituality. Yet, your work seems to validate the possibility of a direct, subjective experience of the truths of reality; a form of gnosis that people would normally associate to spirituality. Doesn't that contradict science?
- j Is consciousness really a mystery? After all, brain science seems to have made enormous progress in explaining mind states through the workings of the brain.
- j If consciousness is not the direct result of biological computations in the brain, then how come neuroscientists find such perfect correlations between conscious experience and measurable states of the brain?
- j The title of your new book, *Dreamed up Reality*, suggests that reality is a kind of dream. Yet, our everyday experience seems to indicate the opposite. How do you substantiate your hypothesis?
- j A dream is a very personal and idiosyncratic experience. Waking reality, on the other hand, seems to be shared by us all. Moreover, reality seems to be governed by stable, fixed laws we call physics and logic, while dreams are notoriously malleable and absurd. How could a dream thus explain a shared and fixed reality?
- j For the emergentist hypothesis you suggest to be valid, the dreamers would have to be able to interact with one another within their dreams. Yet, we all have separate brains; how could we interact within a dream?

- j You say that the worldview you articulate in *Dreamed up Reality* came out of very personal, subjective experiences. How can such a counterintuitive worldview come out of one's mind?
- j Could you describe in more details what your experiences of subjective exploration actually entailed?
- j If the experiences of subjective exploration are a reflection of truths, and not personal dreams or delusions, how come there seems to be so much contradiction across what different people report?
- j What could the insights achieved through subjective exploration mean to our culture and civilization at large?